

# YMCA

CAMBRIDGESHIRE & PETERBOROUGH

## Gym Opening Times

The Cresset, Rightwell, Bretton,  
Peterborough, PE3 8DX.

For enquiries call 07976 295535

Email: [gym.cresset@theymca.org.uk](mailto:gym.cresset@theymca.org.uk)



DAY	TIME	SESSION Ask a member of Staff for our Current Pricing	INSTRUCTORS
Monday	10 — 12	Disabled and Rehabilitation (DIAL)	Samia, Rachel, Paul, Bill & Craig
	12 — 4	Public	Paul, Bill, & Craig
	6 — 8	Public	Craig
Tuesday	9.30 — 11.30	Women Only (male & female staff)	Samia, Kerry, Paul & Bill
	11.30 — 4	Public	Bill & Paul
Wednesday	9.30 — 2	Public	Paul, Bill & Craig
	2 — 4	Disabled and Rehabilitation (DIAL)	Rachel, Ian, Paul, Bill & Craig
	6 — 8	Public	Anna & Theresa
Thursday	9.30 — 11	Women Only (male & female staff)	Kerry, Paul & Bill
	11 — 4	Disabled & Rehabilitation (DIAL) & Public	Samia, Paul, Bill & Craig
	6 — 8	Public	Richard
Friday	9.30 — 4	All Groups and Public	Paul, Bill & Craig
Saturday	10 — 2	All Groups and Public	Paul, Bill & Craig